

Did'ja Know?

Stress is the body's physical response when we get upset or anxious. People can sweat, their stomach feels upset or they can even faint and fall over unconscious! But we can learn to deal with stress, too.

Creative Corner

Draw a colorful picture or write a story about a time something bad happened in your life. What did you do?



Lent

February 28, 2021

Lament Over
Jerusalem



Luke 2:21-38



Some people came to Jesus. They were very upset.

"Jesus," one woman said, "terrible things are happening to some of our people!"

A man looked scared. "Is it because they don't listen to God?"

Jesus shook his head. "Sometimes bad things just happen to people. It's not their fault."

"Really?" asked a woman. "Aren't we supposed to listen to God so bad things don't happen to us?"

"That's not the reason," Jesus said. He smiled at the people. "God wants you to listen so that you learn to show God's love to others."

The woman thought about it. "We could all love God and show God's love to others," she said. "That would make things better for everyone."

"Exactly," said Jesus.



When Bad Things Happen

God does not punish God's people when bad things happen, ever. Jesus said it!

February 28, 2021

Fun Stuff



Math Mania

(Here's one you might have to do later. Or, just make sure you're quiet when you roll the dice.)

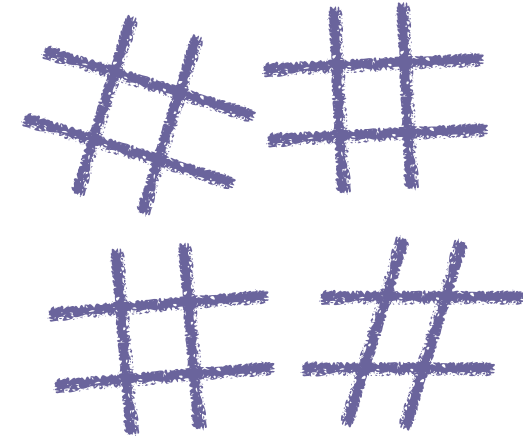
Make a connection with today's Bible story. Roll a pair of dice. Imagine every odd number you get is something bad or hard in life, and every even number is something good. If you get more odd than even, does that mean God's mad at you? What did Jesus say about that?

Dice Addition Game

Roll a pair of dice and write the numbers in the first two boxes. Add the numbers and write the answers in the final boxes.

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TICTACTOE



Nice Quote!

Nobody can hurt me without my permission.

– Mahatma Gandhi
Peace Advocate



Try it At Home

Ask a good friend or a parent what they do to get through difficult times. How can we help each other?



MORE

Fun Stuff

